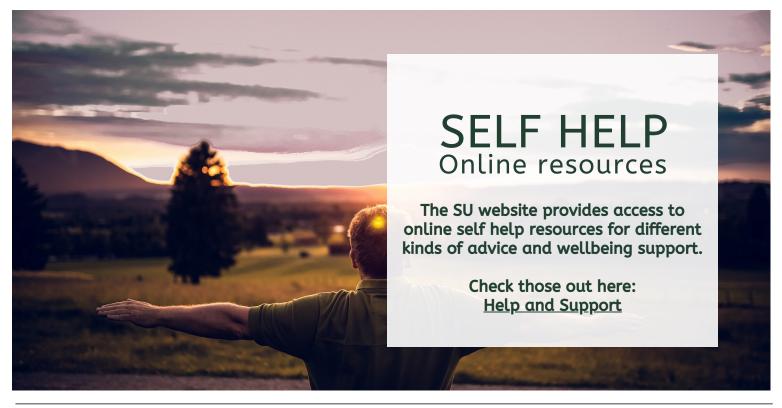
# WELLBEING

Whether you are feeling lonely or need some advice, there is support available!



## **WELLBEING CONTACT INFORMATION**

Need to talk to someone?

#### THE STUDENT ADVICE CENTRE:

https://www.hallamstudentsunion.com/support/advice/

Email: <u>advicecentre@shu.ac.uk</u> Phone: 0114 225 4148

### **UNIVERSITY WELLBEING SERVICES:**

https://www.shu.ac.uk/wellbeing

#### **URGENT HELP:**

https://www.shu.ac.uk/wellbeing/urg ent-help

